

Instant Pot 101

Tuesday, March 13, 1:30 p.m.

Learn how the Instant Pot saves you time and money while creating delicious and healthy meals.

Tasting samples included.

This is a free program with the library.



Urbana Senior Center

Offering fitness, enrichment & social opportunities for 50+
301-600-7020

9020 Amelung Street, Urbana, MD 21704

(located on the lower level of the Urbana Regional Library)

FREDERICK COUNTY
Department
of Aging

Like us on Facebook: [Urbana Senior Center - Frederick County, MD](#)

UrbanaSeniorCenter@FrederickCountyMD.gov

www.FrederickCountyMD.gov/318/Urbana-Senior-Center